

Prestons  
Physiotherapy



**Are you a Chartered Physiotherapist looking to work in a private practice which integrates the biopsychosocial model and Cognitive Functional Therapy within the heart of its approach and ethos?**

Are you looking to work in a practice where patient experience is top of the list of priorities?

As a practice, we have been around for a long time (since 1969) and developed strong links within our patient, sporting, working, GP and Consultant community of the Peterborough and Oundle area and beyond.

We have been so inspired by the work of Professor Peter O'Sullivan and his team that we have integrated an assessment and treatment model around hearing the patient story and implementing our understanding of pain science into giving the patient a holistic (yet evidence based) treatment approach towards recovery.

This has meant that we see both acute and persistent pain problems with a new pair of glasses. We still utilise our traditional physiotherapy skills such as manual therapy, soft tissue techniques and needling alongside addressing fears, attitudes, beliefs, behaviours (not forgetting global and specific exercise and movement retraining of course).

We have integrated Mindfulness into our physiotherapy practice recently with the introduction of a Mindfulness Practitioner (Mindfulness Based Stress Reduction Program MBSR) to work within our multidisciplinary team.

Patient centred care is absolutely what we offer.

The good news is that we are finding that patients love it and it leads to extreme job satisfaction for us too!

We have been witnessing exceptional growth in this area and we have plans to further expand the business to serve more people and we are therefore looking for like minded therapists to work with us.

PART AND FULL TIME HOURS AVAILABLE TO THE RIGHT CANDIDATE.

SATURDAY MORNING AND OUNDLE CLINIC HOURS ARE CURRENTLY URGENTLY REQUIRED!

Interested? If so, please call Helen Preston on 07803036112 to discuss our opportunities further.

See our website [www.prestonshealth.co.uk](http://www.prestonshealth.co.uk)



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